

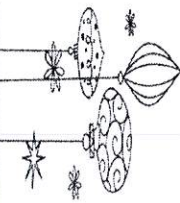


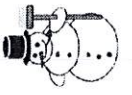


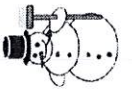



SPRINGVILLE UNION SCHOOL DISTRICT

HOME OF THE SPARTANS

LUNCH MENU - DECEMBER 2017

SUBJECT TO CHANGE WITHOUT NOTICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 4 #Pancake & Sausage on a stick Tater Coins w/Ketchup Celery & Carrot Sticks Ranch Dip Banana	 5 Oven Fried Chicken Mashed Potatoes w/gravy Baked Beans Steamed Broccoli Hot Roll Diced Peaches	 6 Fish & Cheese Sandwich Tartar Sauce Coleslaw Tater Barrels w/ Ketchup Applesauce	 7 Orange Chicken Steamed Vegetables W/G Chow Mein Noodles Vegetarian Egg Roll Orange Wedges	1 #Sausage Rectangle Pizza Cauliflower Florets with Ranch Dip Chocolate Chip Cookie Orange Wedges
11 #The BEC Tornado, (Bacon, Egg, Cheese) Tater Tots w/ Ketchup Corn on the Cob Orange Slices	12 Waffle w/Maple Syrup #Baked Ham Carrots Sticks Ranch Dip Diced Pears	13 Roast Turkey w/gravy Mashed Potatoes Steamed Green Beans Hot Roll Cinnamon Apple Slices	14 Corn Dog w/Mustard Smiley Fries w/Ketchup Celery Sticks w/Peanut butter Diced Peaches	15 *Pepperoni Stick Broccoli & Cauliflower Florets Ranch Dip Holiday Graham Mixed Fruit
18 WINTER BREAK 	19	20 HAPPY HOLIDAYS 	21	22 
25 	26	27 	28	29 SEE YOU NEXT YEAR! 

CHOICE OF 1% UNFLAVORED OR NONFAT MILK SERVED DAILY
 ALL DIPS, DRESSINGS, AND SAUCES ARE LOW FAT. CONDIMENTS WILL BE SERVED WITH APPROPRIATE MENU ITEMS.
 ALL BREADS AND PASTAS ARE WHOLE GRAIN. *CONTAINS BEEF MEAT #CONTAINS PORK MEAT

The USDA and S.U.S.D. are equal opportunity providers and employers.

HARVEST OF THE MONTH Fruit: Citrus Orange Vegetables: Cauliflower Other fruits and vegetables available during winter season are: Grapefruits Kumquats Mandarins Pomelos Asparagus Broccoli Brussel Sprouts Cabbage Celery 8 Squash How many types of vegetables will you try?	GET HEALTHY AND GET MOVING STAY ACTIVE OVER THE HOLIDAYS It is okay to play in the cold, just be sure to cover your head, fingers, and toes! Wearing layers is the best way to stay warm too. Visit a school playground. It's open even if school is out. Remember to keep the playground clean; bring a trash bag with you, to throw your trash away. Take a walk to the park; plenty of fun waiting for you. Look at your local Post Office, for posted upcoming activities throughout the holiday break. Take the family on an outdoor adventure through the neighborhood, or on a nature hike, in the afternoon, since the afternoons tend to be the warmest part of the day. Feeling extra festive? Gather up the family and some friends and head up to the mountains for some fun in the snow, ski slopes and tubing areas. Be safe. Happy Holidays and a Blissful New Year
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